Do You Need A Hearing Test?

National Institute on Deafness and Other Communication Disorders

http://www.nidcd.nih.gov

NIDCD...Improving the lives of people with communication disorders

Do You Need A Hearing Test?

If you are 18 to 64 years old, the following questions will help you determine if you need to have your hearing tested by a health professional. Answer YES or NO.

YES	NO	
☐	☐	1. Do you sometimes feel embarrassed when you meet new people because you struggle to hear?
☐	☐	2. Do you feel frustrated when talking to members of your family because you have difficulty hearing them?
☐	☐	3. Do you have difficulty hearing or understanding coworkers, clients, or customers?
☐	☐	4. Do you feel restricted or limited by a hearing problem?
☐	☐	5. Do you have difficulty hearing when visiting friends, relatives, or neighbors?
☐	☐	6. Do you have trouble hearing in the movies or in the theater?
☐	☐	7. Does a hearing problem cause you to argue with family members?
☐	☐	8. Do you have trouble hearing the TV or radio at levels that are loud enough for others?
☐	☐	9. Do you feel that any difficulty with your hearing limits your personal or social life?
☐	☐	10. Do you have trouble hearing family or friends when you are together in a restaurant?

If you answered "yes" to three or more of these questions, you may want to see an otolaryngologist (an ear, nose, and throat specialist) or an audiologist for a hearing evaluation.

Adapted from: Newman, C.W., Weinstein, B.E., Jacobson, G.P., & Hug, G.A. (1990). The Hearing Handicap Inventory for Adults [HHIA]: Psychometric adequacy and audiometric correlates. Ear Hear, 11, 430-433.

For more information on hearing loss, please contact:

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