

# Do You Need A Hearing Test?



National Institute on  
Deafness and Other  
Communication Disorders

<http://www.nidcd.nih.gov>

*NIDCD...Improving the lives of people with communication disorders*

# Do You Need A Hearing Test?

If you are 18 to 64 years old, the following questions will help you determine if you need to have your hearing evaluated by a health professional. Answer YES or NO.

**YES**   **NO**

1. Does a hearing problem cause you to feel embarrassed when you meet new people?
2. Does a hearing problem cause you to feel frustrated when talking to members of your family?
3. Do you have difficulty hearing or understanding co-workers, clients or customers?
4. Do you feel slowed down by a hearing problem?
5. Does a hearing problem cause you difficulty when visiting friends, relatives or neighbors?
6. Does a hearing problem cause you difficulty in the movies or in the theater?
7. Does a hearing problem cause you to have arguments with family members?
8. Does a hearing problem cause you difficulty when listening to TV or radio?
9. Do you feel that any difficulty with your hearing limits or hampers your personal or social life?
10. Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?

**If you answered “yes” to three or more of these questions, you may want to see an otolaryngologist (an ear, nose, and throat specialist) or an audiologist for a hearing evaluation.**

*Adapted from: Ventry, I., & Weinstein, B. (1983). Identification of elderly people with hearing problems. American Speech-Language-Hearing Association, 25, 37-42.*

For more information on hearing loss, please contact:

## **NIDCD Information Clearinghouse**

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